RESULTS OF SURGICAL TREATMENT OF PATIENTS WITH BENIGN SPINAL TUMORS

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Purpose of the study. Justification of treatment tactics for patients with primary spinal tumors. Material and methods. The experience of surgical treatment of 47 patients with benign spinal tumors was analyzed. The treatment strategy was formed taking into account the type of tumor, its localization and somatic status of the patient. To study the lesion, X-ray examination, CT and MRI were used, and some patients underwent puncture trepanobiopsy.

Results. Tumor recurrence was registered in 6 (14.6 %) patients. This suggests that, despite the possibilities of modern diagnostic tools, during the operation, it was not possible to determine a clear border of the tumor in all cases. Functional results of treatment included restoration of spinal column supportability and regression of pain symptoms in all cases. Bone grafting was the method of choice for interbody defect replacement. Conclusion. Performing radical surgeries (corporectomies and spondylectomies) significantly reduces the risk of relapses. Localization of the tumor in поясничнокрестцовом lumbosacral region in the presence of a paravertebral component creates serious technical difficulties for its radical removal. Cortical-spongy autograft has proven to be a good plastic material for replacing defects after vertebral resection and forming a fusion. Key words: benign tumors, spine, spondylectomy.

Introduction

Benign spinal tumors account for 8% of all bone benign and 40 % of diagnosed tumors. They are often малигнизируются malignified and account for up to 80 % of primary malignant tumors of the spine and sacrum [5, 7].

Problems in the treatment of patients with primary spinal tumors begin already at the stage of diagnosis of the disease. A long latent period of development of the pathological process, a poor clinical picture with the absence of pathognomonic symptoms lead to the fact that diagnostic errors reach 80 %, and, as a result, the surgeon often has to deal with already existing complications in the form of a pathological vertebral fracture, spinal column instability and spinal cord compression.

Objective: to substantiate the tactics of treatment of patients with primary spinal tumors.

Material and methods

We observed 47 patients with benign prostatic hyperplasia.

This figure accounted for 30% of the total number of patients operated on for spinal neoplasms. These are mainly patients with giant cell tumors (GCS), osteochondroma, hemangioma, and osteoblastoma. Most often (77% of cases), the disease occurred in the second and third decades of life, and much less often-in later life (Table). Certain regularities were also observed in the localization of benign tumors on the vertebral column and vertebra proper. Most neoplasms are diagnosed in the thoracic and lumbar



spine, with the exception of osteochondroma and aneurysmal bone cyst (ACC), which affect any level. The vertebral body is a favorite location for hemangiomas and GKO. Osteochondroma, osteoblastoma, ACC, and osteoid-osteoma werema detected in the vertebral arch.

The basic task for choosing the treatment regimen for patients was to verify the neoplastic process. To study the lesion site (its structure, localization, relation to surrounding tissues, etc.), a standard X-ray examination, CT and MRI were used. Taking into account the fact that most of the clinical and radiological signs in patients were non-specific, special attention was paid to the biopsy of the lesion.

For this purpose, a puncture trepan biopsywas performed. It is worth noting that the patient's examination in a specialized hospital in the optimal mode took at least two weeks (taking into account the time required for processing histological material). Therefore, another important factor influencing the diagnostic algorithm and the choice of treatment method was the clinical picture of the disease. If the leading manifestation was vertebral syndrome, and neurological disorders were absent or insignificant, a comprehensive examination of the patient was carried out for the purpose of histological verification of the tumor. In the presence of severe neurological disorders and the need for decompressive surgery, the examination was limited to determining the volume of the tumor and preventing complications.

Results and discussion

Modern diagnostic methods allowed us to verify the tumor at the preoperative stage in 41 (87.2 %) patients.

At the second stage of the disease, according to the classification, 31 (66 %) patients were operated on, including 5 with GKO, 9 with osteochondroma, 3 with osteoblastoma, 2 with ACC, as well as all patients with hemangioma, osteoidosteoma and osteoma. In this group of patients, clinically, the process was characterized by moderate pain, 1-2 points on the McAfee pain scale, [6], and radicular disorders, and radiologically, progressive tumor growth was noted, separated from the surrounding tissue by a thinned pseudocapsule. In 16 (34 %) patients, the disease was diagnosed at a later, third stage with pronounced clinical manifestations. Most of the tumors were represented by such pathologies as GKO,osteoblastoma, and ACC. All patients had intense pain (3-4 points), and 9 patients had neurological disorders up to deep paresis (4 cases) and plegia (2 cases). Moreover, in 14 (87.5 %) patients of this group, a sharp deterioration in the dynamics of the disease was associated with a pathological vertebral fracture. There was an aggressive type of tumor growth, they practically did not have a capsule and penetrated into soft tissues.

In the group of patients with a verified diagnosis, treatment tactics depended on the type of tumor, localization and prevalence of the process, as well as the patient's somatic status. Due to the low efficiency of radiation and drug therapy, the surgical method was the main one in the treatment of this category of patients.

It is generally accepted that only complete removal of the tumor (in most cases with the widest possible resection margin) reduces the risk of recurrence of the disease. Radical



surgical methods were used to remove aggressive tumors with pronounced clinical manifestations. Thus, 16 patients (10 - with GKO, 5 - with osteo-blastoma, 1 - with xanthogranuloma) underwent total tumor removal using a block with bone grafting of the defect and stabilization of the affected vertebral segment. Corporectomy (4 cases) and wide resection with removal of up to three quarters of the vertebral body (3 cases) were performed in seven of them when the neoplasm was localized exclusively in the vertebral body. The spread of the process to the legs of the arch in six people and total damage to the vertebra in three was an indication for performing spondylectomy.

It should be noted that the volume of radical surgery and vascularization features of some tumors, such as GKO, caused significant intraoperative bloodloss. Thus, during spondylectomy, the average blood loss was 1900.0 ± 625.4 ml, and in one case it reached 3100.0 ml, which largely determined the need to divide the surgical intervention into two stages. However, the age of the patients and the absence of severe concomitant pathology made it possible to perform this operation in one stage in seven of them.

In four cases, the localization of the tumor and a pronounced soft tissueный component did not allow its radical removal. In two patients, the tumor was removed in parts by resection of the vertebra, and in two more patients (with sacral damage), its curettage was performed.

The same method of tumor removal was used in all patients with ACC, osteoma, and osteoid-osteoma. Considering the requirements of ablastic surgery in patients with osteochondroma, its localization caused resection of the spinous process in six cases and the arch in four.

Five patients with hemangioma, recurrent pain after radiation therapy and the risk of pathological fracture underwent вертебропластикуbone cement puncture vertebroplasty.

In the group of patients without verification of the process at the preoperative stage, the scope of the operation was planned taking into account the clinical and radiological picture of the spinal lesion and the patient's somatic condition. Considering the probability of detecting an aggressive (including malignant) tumor, the treatment strategy was based on planning radical treatment (spondylectomy). Thus, when the lesion focus was located in the vertebral body, all patients underwent reposition and stabilization of the damaged segment with a transpedicular device and an open biopsy. The second stage (according to indications) was performed corporectomy. In the presence of spinal cord compression or involvement of the posterior vertebral elements in the pathological process, an extended laminectomy (with removal of the arch legs) was additionally performed at the first stage with a block.

The results of treatment were evaluated according to the following parameters: absence of tumor recurrence and malignancy, spinal column support capacity, regression of pain and neurological symptoms.

Thus, tumor recurrence was registered in 6 (14.6 %) patients. At the same time, in the group of patients who received radical treatment in the scope of corporectomy or spondylectomy, this complication was not observed during follow-up from one and a half



to five years. Relapse occurred in a patient with osteoblastoma, in whom, like in two other patients, the tumor was removed by a block with resection of 3/4 of the vertebral body, as well as in four patients with GKO and osteo-blastoma, and in a patient with ACC after their removal in parts or curettage. Because of relapses, repeated surgical treatment was performed in four of these patients. In two cases, there were no complications after radical surgery. In two patients, removal of the vertebral body and the soft tissue component of the tumor did not lead to the expected result. In one patient with osteoblastoma, malignancy of the process was noted two years after surgery, and its prevalence did not allow for repeated intervention.

These results show that, despite the possibilities of modern diagnostic tools, it was not possible to determine a clear border of the tumor during the operation in all cases. This is typical for spinal lesions with GKO, osteoblastoma, and ACC with a predominantly lytic type of the process, complicated by a pathological fracture, or with a widespread soft tissue component. Therefore, block surgery with partial vertebral resection and partial curettage or curettage are insufficient in the treatment of aggressive tumors such as GKO and osteoblastoma. It should also be noted that most of the complications occurred when the tumor was located in the lumbosacral region. This is due to the fact that due to the anatomical features of the spine, with paravertebral spread of the tumor, its wide excision in this part, zone IB-IIIB, according to the classification of Weinstein J..N.[3], is associated with the risk of technical complications.

Functional results of treatment included restoration of spinal column support capacity and regression of pain symptoms in all cases. In our case, bone grafting was the method of choice for interbody defect replacement. So, in the case of radical interventions, a fullfledged supporting cortical-lipped autograft from the iliac crest was used. During economical resections of the vertebra, they were limited to autorebral plastic surgery (during operations on the thoracic region) or bone chips. Based onspondylograms, we analyzed the dynamics of bone block formation and compared it with those in patients with spinal injuries operated on in a similar way [1]. In the group of patients with spinal tumors, the periods of ventral bone block formation occurred in terms corresponding to those in the control group in 37 (78.7 %) patients. In three patients with GKO who received radiation therapy before surgery and one after it, the rate of bone block formation lagged behind the control group by 1-2. 5 months, and in one case, graft resorption occurred. In all patients with recurrent neoplasms, bone block did not occur due to graft involvement in the tumor process. However, in the conditions of spine stabilization by metal construction, these complications did not lead to a violation of the spinal support capacity during the entire follow-up period. In general, the result of restoring spinal support was characterized by a significant regression of pain symptoms (Fig. 1).

Regression of neurological symptoms depended on the level and type of dural sac compression, the severity of symptoms, and its duration (Fig. 2). In one patient, tumor recurrence was accompanied by a repeated increase in neurological deficit.

Complications in surgical treatment of patients with benign spinal tumors are mainly associated with deviations from the surgical treatment method and errors in choosing the



timing of intervention after radiation therapy in patients with GKO. Suppuration of the surgical wound was observed after posterior approaches in 2 (4.2 %) patients. However, the surface nature of the process did not lead to the removal of the metal structure. In two patients who received a course of radiation therapy in the preoperative period, soft tissue dystrophic changes caused a delay in the healing time of the postoperative wound by one and a half and two times, respectively. In one case, a year and a half after the operation, a fatigue fracture of the locking rod of the transpedicular device was detected, which did not affect the outcome of treatment. In one patient, punctured vertebroplasty was complicated by the leakage of bone cement into the spinal canal with compression of the dural sac, which required surgical treatment to remove the cement.

Conclusion

Evaluating the results of surgical treatment of patients with benign spinal tumors, it is worth noting that the long latent period of the disease, the absence of specific signs of most neoplasms significantly complicate their timely detection, and a puncture biopsy remains a necessary measure for their histological verification. Difficulties in determining the boundaries of the tumor and unaffected tissues expand the indications for performing radical operations (corporectomy and spondylectomy) in the treatment of tumors such as GKO and osteoblastoma. Localization of the tumor in the lumbosacral region in the presence of a paravertebral component has always created serious technical difficulties for its radical removal. Cortical-sponge autograft is a good plastic material for replacement of defects after vertebral resection and fusion formation.

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